

"Embracing the End of Life is an invitation into the most tender and awake aspect of being human. . . . A wise handbook for living."
—Michael Bernard Beckwith, author of *Spiritual Liberation*

Embracing *the* End of Life

*A Journey Into
Dying & Awakening*



PATT LIND-KYLE, MA

www.PattLindKyle.com

You are invited to

A Community Dialogue and Book Signing with Patt Lind-Kyle, MA

The Murphys Diggins Community Center

216 Tom Bell Road, Murphys, CA

Sunday February 25, 2018 ~ 11:30am – 2:00pm

Join us for “Finger Food” Pot Luck & Book Review

Please bring a dish to share if you can!

Embracing the End of Life: A Journey into Dying & Awakening

Death is simply one more aspect of being a human being, but in our culture, we've made it a taboo. As a result, most of us walk through life with conscious or unconscious fears that prevent us from experiencing true contentment. *Embracing the End of Life* invites you to lean into your beliefs and questions about death and dying, helping you release tense or fearful energy and awaken to a more vital life now.

Author

Patt's latest book *Embracing the End of Life* was #1 Amazon New Release for multiple Death & Grief categories. Her book *Heal Your Mind, Rewire Your Brain* won the Independent Publishers Gold Medal Award and a Best Book Award from USA Book News. Patt has written a chapter in *Audacious Aging* and she is also the author of *When Sleeping Beauty Wakes Up*.

Hosted by John Adams & Rhoda Nussbaum

Books available onsite through Sustenance Books

Please **RSVP** John Adams 415 385 8388 or jadams655@att.net